

Registration Form

**Carpal Tunnel CEU Training Course \$100.00**  
**48 HOUR RUSH ORDER PROCESSING FEE ADDITIONAL \$40.00**

Start and Finish Dates: \_\_\_\_\_ *You will have 90 days from this date in order to complete this course*

Name \_\_\_\_\_ Signature \_\_\_\_\_  
*(This will appear on your certificate as above)*

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

Phone:  
Home (    ) \_\_\_\_\_ Work (    ) \_\_\_\_\_ Fax (    ) \_\_\_\_\_

ID# \_\_\_\_\_ Expiration \_\_\_\_\_  
***Your certificate will be mailed to you in about two weeks.***

**Please circle which certification you are applying the course CEU's.**

California DCA

**Therapeutic Learning College**  
**P.O. Box 420, Payson, AZ 85547- 0420**  
**(928) 468-0665 Fax (928) 272-0747**  
**info@tlch2o.com**

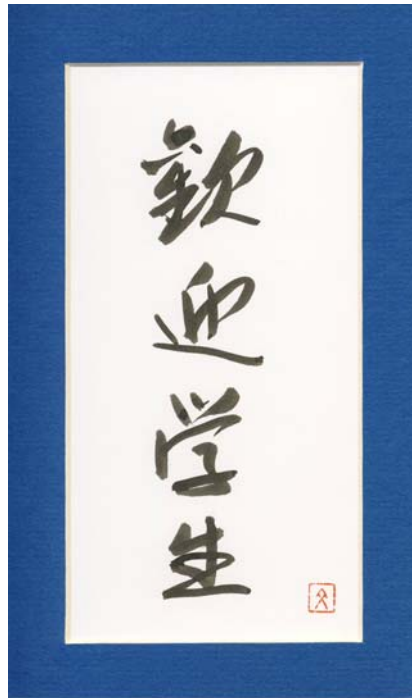
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**Referral's Name \_\_\_\_\_**



**When you are finished, please e-mail or fax TLC your answers and registration form. If you need this graded and a certificate mailed back to you with in 48-hours, prepare to pay an additional rush handling fee.**

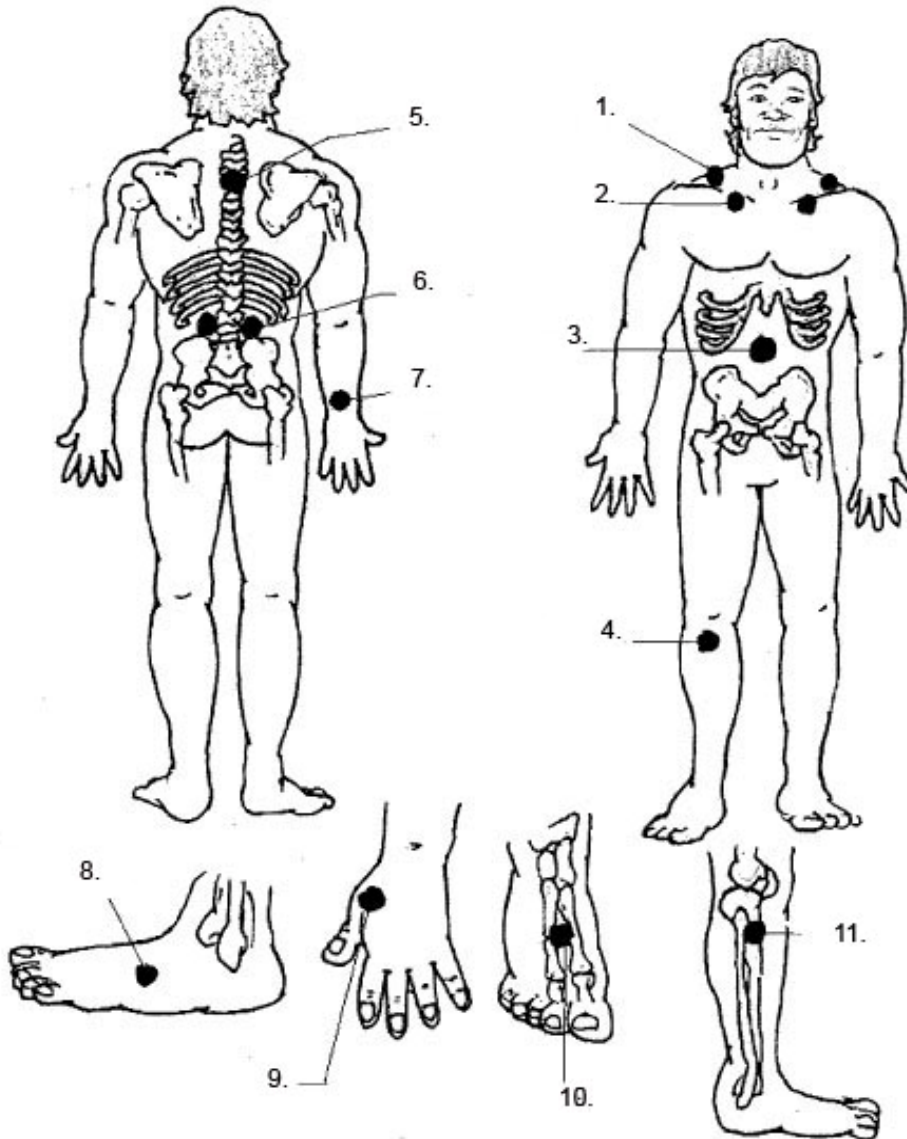


**Thank you.**

## Conventional Carpal Tunnel CEU Training Course Assignment

You will have 90 days to finish this course and submit the Answer Key and Registration Form to TLC. You can find the Answer Key in the rear of this section. Please e-mail or fax your Answer Key and Registration Form to TLC, Fax (928) 272-0747. You can find the Word Assignment on the Assignment Page on TLC's website.

**Multiple Choice Exam. Please select only one answer.**



**Identify the numbered location on the Arthritis relief drawing. Because of the small drawing Acupuncture locations are not always to scale. Answer Key in the rear of this section.**

## General Arthritis Formula Location

1.

- A. Guang Ming • GB37
- B. ST46
- C. ST12
- D. ST38
- E. Qi She

2.

- A. KI3
- B. KI27
- C. Da Zhong
- D. KI5
- E. K47

3.

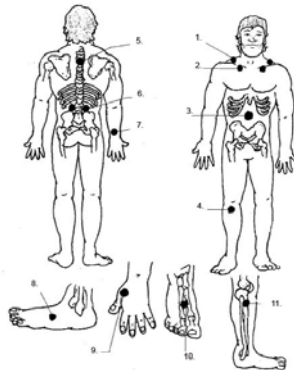
- A. CV12
- B. CV2
- C. CV4
- D. CV5
- E. BL47

4.

- A. Tai Xi
- B. Ran Gu
- C. ST36
- D. ST5
- E. ST47

5.

- A. GB37
- B. GV14
- C. BL45
- D. Yang Fu
- E. ST11



6.

- A. GB37
- B. BL46
- C. BL45
- D. GB38
- E. BL23

7.

- A. TH5
- B. ST14
- C. SP9
- D. SP10
- E. ST15

8.

- A. ST13
- B. GB41
- C. GB31
- D. SP10

9.

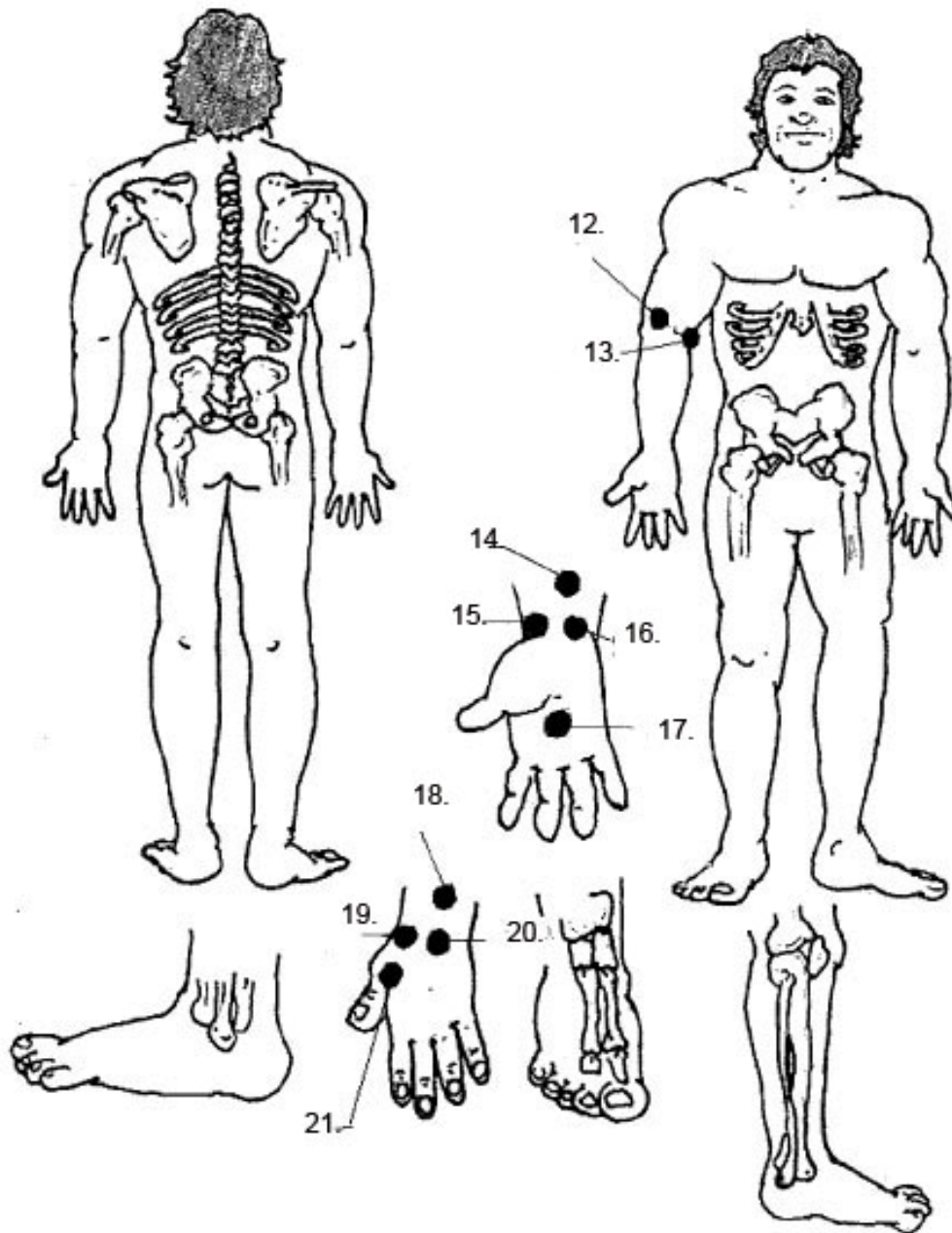
- A. LI5
- B. LI4
- C. BL45
- D. GB38
- E. ST11

10.

- A. LI5
- B. LIV3
- C. BL45
- D. LI3
- E. ST11

11.

- A. Yao Shu
- B. GB35
- C. GB40
- D. GB34
- E. Shen Men



**Carpal Tunnel Formula Identification**  
 Because of the small drawing Acupuncture locations are not always to scale.

12.  
 A. GV2  
 B. GB41  
 C. LV5 or Lung 5  
 D. GB39  
 E. HE7

13.  
 A. GV2  
 B. HT3  
 C. GB40  
 D. GB39  
 E. HE7

14.  
 A. P6  
 B. GB41  
 C. GB40  
 D. GB39  
 E. HE7

15.  
 A. ST13  
 B. LV7  
 C. LV9  
 D. LV5  
 E. LV6

16.  
 A. P5  
 B. P4  
 C. P6  
 D. P7  
 E. ST15

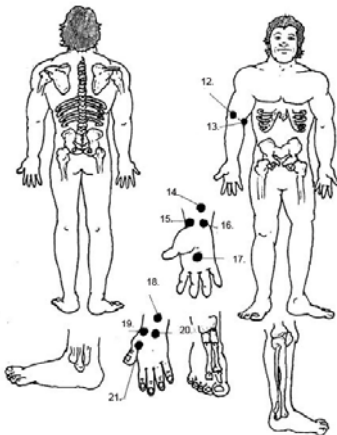
17.  
 A. P13  
 B. P14  
 C. P9  
 D. P10  
 E. P8

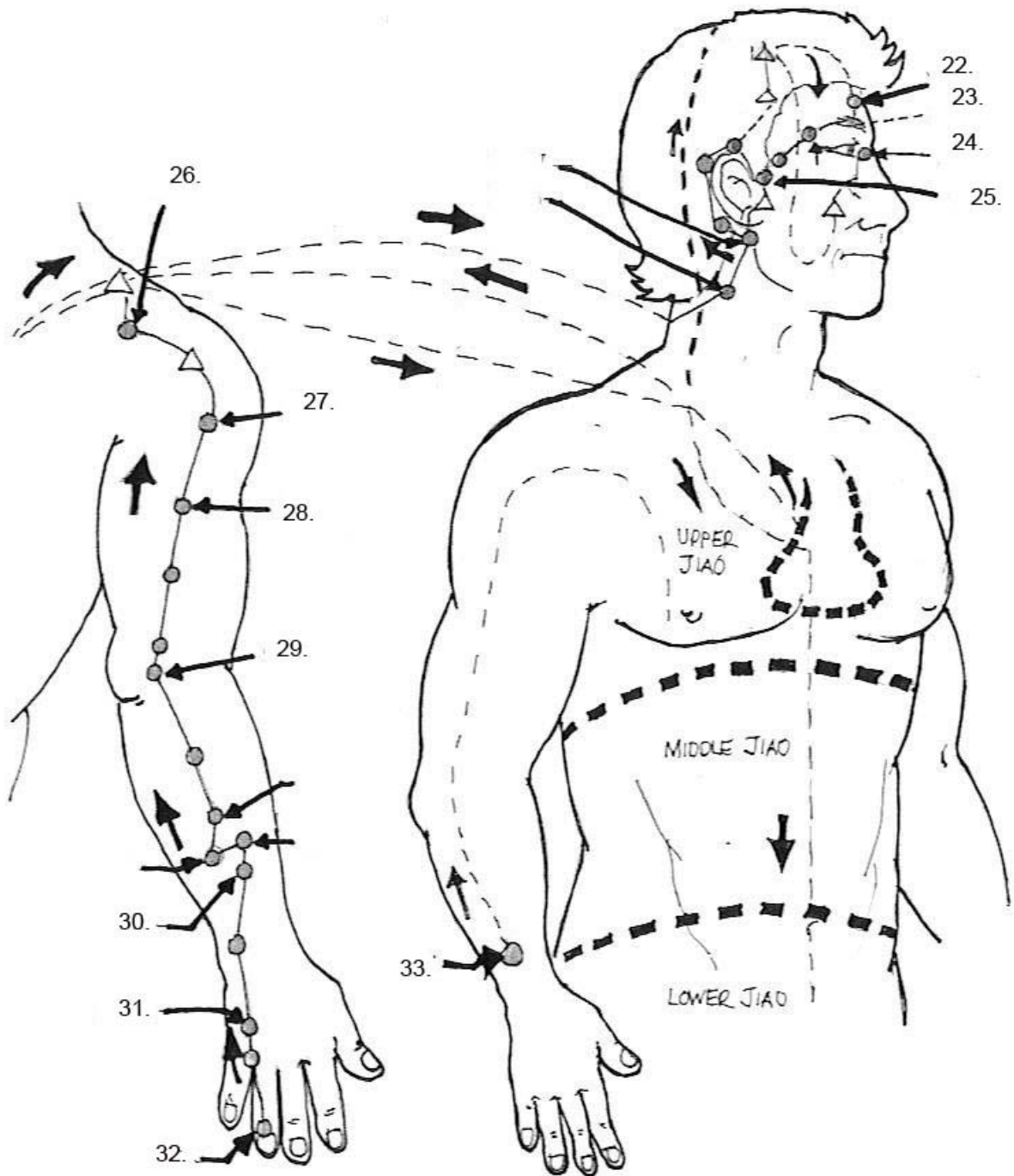
18.  
 A. TH6  
 B. TH2  
 C. TH3  
 D. TH4  
 E. TH5

19.  
 A. GV2  
 B. LI5  
 C. LI4  
 D. LI6  
 E. LI7

20.  
 A. GV2  
 B. TH4  
 C. GB40  
 D. GB39  
 E. HE7

21.  
 A. LI4  
 B. TH2  
 C. TH5  
 D. TH33  
 E. TH34





**San Jiao Location Identification.**  
**Acupuncture locations are not always to scale.**

22.  
A. G14  
B. SJ21  
C. B1  
D. SJ23  
E. SJ15

23.  
A. G14  
B. SJ21  
C. B1  
D. SJ23  
E. SJ15

24.  
A. G14  
B. SJ21  
C. B1  
D. SJ23  
E. SJ15

25.  
A. G14  
B. SJ21  
C. B1  
D. SJ23  
E. SJ15

26.  
A. SJ9  
B. SJ11  
C. SJ12  
D. SJ15

27.  
A. SP2  
B. SJ14  
C. SJ13  
D. SJ12  
E. SJ5

28.  
A. SP2  
B. SJ14  
C. SJ13  
D. SJ12  
E. SJ5

29.  
A. SJ10  
B. SJ14  
C. SJ13  
D. SJ12  
E. SJ5

30.  
A. SJ2  
B. SJ14  
C. SJ13  
D. SJ12  
E. SJ5

31.  
A. SP2  
B. SJ3  
C. SJ13  
D. SJ12  
E. SJ5

32.  
A. SP2  
B. SJ1  
C. SJ13  
D. SJ12  
E. SJ5

33.  
A. SP2  
B. SJ14  
C. SJ13  
D. SJ5

**In this section, you are given a problem that could be carpal tunnel related or general in nature needs to be solved by choosing the correct acupuncture point or formula. This project will get progressively difficult as you work towards the finish.**

34. Musculoskeletal, Extremity-Upper, Arm Paralysis

- A. LU9 / Tai Yuan
- B. LI12 / Zhou Liao
- C. LI14 / Bi Nao, LI15 / Jian Yu
- D. TB5 / Wai Guan
- E. None of the Above

35. Musculoskeletal, Extremity-Upper, Forearm Medial Pain

- A. LU9 / Tai Yuan
- B. LI12 / Zhou Liao
- C. LI14 / Bi Nao, LI15 / Jian Yu
- D. TB5 / Wai Guan
- E. None of the Above

36. Musculoskeletal, Head And Neck, Arm Pain

- A. SI11 / Tian Zong
- B. LU7 / Lie Que
- C. SI13 / Qu Yaun, SI9 / Jian Zhen, TB13 / Nao Hui
- D. PC6 / Nei Guan

37. Musculoskeletal, Head And Neck, Cheek Swelling

- A. GV1 / Chang Qiang
- B. GV10 / Ling Tai, ST16 / Ying Chuang
- C. GB12 / Wan Gu
- D. GB7 / Qu Bin
- E. BL11 / Da Zhu

38. Musculoskeletal, Atrophy, Jaundice

- A. Yang Ling Quan
- B. San Yin Jiao
- C. Chong Men
- D. Qiu Xu
- E. Tai Chong

39. Musculoskeletal, Atrophy, Vomiting

- A. Shen Shu, Zhi Shi, Yin Ling Quan
- B. Qi Hai
- C. Zhang Men
- D. Guan Yuan
- E. Da Chang Shu, Wei Zhong

40. Musculoskeletal, Back-Lower, Diarrhea  
A. Shen Shu, Zhi Shi, Yin Ling Quan  
B. Qi Hai  
C. Zhang Men  
D. Guan Yuan  
E. Da Chang Shu, Wei Zhong
41. Musculoskeletal, Atrophy, Nosebleed  
A. Fei Yang  
B. Yang Fu  
C. Fu Liu  
D. Fu Yang  
E. Gao Huan Shu
42. Musculoskeletal, Atrophy, Orchitis  
A. Fei Yang  
B. Yang Fu  
C. Fu Liu  
D. Fu Yang  
E. Gao Huan Shu
43. Musculoskeletal, Atrophy, Paralysis  
A. Fei Yang  
B. Yang Fu  
C. Fu Liu  
D. Fu Yang  
E. Gao Huan Shu
44. Musculoskeletal, Contraction, Headache  
A. Huan Tiao  
B. Tian Zhu  
C. Yang Fu  
D. Qu Ze  
E. Feng Shi, Wai Guan
45. Musculoskeletal, Contraction, Headache Migraine  
A. Huan Tiao  
B. Tian Zhu  
C. Yang Fu  
D. Qu Ze  
E. Feng Shi, Wai Guan
46. Musculoskeletal, Contraction, Heat Stroke  
A. Huan Tiao  
B. Tian Zhu  
C. Yang Fu  
D. Qu Ze  
E. Feng Shi, Wai Guan

47. Musculoskeletal, Contraction, Hemiplegia  
A. Huan Tiao  
B. Tian Zhu  
C. Yang Fu  
D. Qu Ze  
E. Feng Shi, Wai Guan
48. Musculoskeletal, Contraction, Hypertension  
A. Zu Qiao Yin  
B. Tian Zhu  
C. Yang Fu  
D. Qu Ze  
E. Feng Shi, Wai Guan
49. Musculoskeletal, Contraction, Loss Of Consciousness  
A. Fu Tu  
B. Xuan Zhong  
C. Yong Quan  
D. Wei Zhong  
E. None of the Above
50. Musculoskeletal, Contraction, Mental Disorders  
A. Fu Tu  
B. Xuan Zhong  
C. Yong Quan  
D. Wei Zhong  
E. None of the Above
51. Musculoskeletal, Contraction, Palpitations  
A. Xing Jian, Di Cang  
B. Shao Fu  
C. Zhao Hai  
D. Kun Lun  
E. Fu Fen
52. Musculoskeletal, Contraction, Seizures  
A. Xing Jian, Di Cang  
B. Shao Fu  
C. Zhao Hai  
D. Kun Lun  
E. Fu Fen
53. Musculoskeletal, Contraction, Shoulder And Back Contraction  
A. Xing Jian, Di Cang  
B. Shao Fu  
C. Zhao Hai  
D. Kun Lun  
E. Fu Fen

54. Musculoskeletal, Contraction, Shoulder and Neck Pain
- A. Xing Jian, Di Cang
  - B. Shao Fu
  - C. Zhao Hai
  - D. Kun Lun
  - E. Fu Fen
55. Musculoskeletal, Extremities, Limb Weakness
- A. SP2 / Da Du
  - B. TB8 / San Yang Luo
  - C. SP21 / Da Bao
  - D. CV4 / Guan Yuan
  - E. BL43 / Gao Huan Shu
56. Musculoskeletal, Extremity-Upper, Hemiplegia
- A. BL37 / Yin Men
  - B. BL55 / Hey Yng
  - C. BL64 / Jing Gu
  - D. LI11 / Qu Chi, SI6 / Yang Lao
  - E. LI11 / Qu Chi, TB5 / Wai Guan
57. Musculoskeletal, Extremity-Upper, Hypertension
- A. BL37 / Yin Men
  - B. BL55 / Hey Yng
  - C. BL64 / Jing Gu
  - D. LI11 / Qu Chi, SI6 / Yang Lao
  - E. LI11 / Qu Chi, TB5 / Wai Guan
58. Neuromuscular, Extremity-Lower, Nosebleed
- A. LR2 / Xing Jian
  - B. GB39 / Xuan Zhong, LR2 / Xing Jian
  - C. BL58 / Fei Yang
  - D. ST36 / Zu San Li
  - E. ST38 / Tiao Kou
59. Musculoskeletal, Extremity-Upper, Arm Contraction
- A. LU9 / Tai Yuan
  - B. LI12 / Zhou Liao
  - C. LI14 / Bi Nao, LI15 / Jian Yu
  - D. TB5 / Wai Guan
  - E. None of the Above
60. Musculoskeletal, Extremity-Upper, Hypochondriac Region Pain
- A. LU9 / Tai Yuan
  - B. LI12 / Zhou Liao
  - C. LI14 / Bi Nao, LI15 / Jian Yu
  - D. TB5 / Wai Guan
  - E. None of the Above

61. Musculoskeletal, Head And Neck, Asthma  
 A. GV1 / Chang Qiang  
 B. GV10 / Ling Tai, ST16 / Ying Chuang  
 C. GB12 / Wan Gu  
 D. GB7 / Qu Bin  
 E. BL11 / Da Zhu
62. Musculoskeletal, Head And Neck, Cheek And Sub Mandible Swelling  
 A. GV1 / Chang Qiang  
 B. GV10 / Ling Tai, ST16 / Ying Chuang  
 C. GB12 / Wan Gu  
 D. GB7 / Qu Bin  
 E. BL11 / Da Zhu
63. Musculoskeletal, Extremity-Upper, Stomach Pain  
 A. SI1 / Shao Ze  
 B. LU7 / Lie Que  
 C. SI13 / Qu Yaun, SI9 / Jian Zhen, TB13 / Nao Hui  
 D. PC6 / Nei Guan  
 E. SI17 / Tian Rong, SI3 / Hou Xi, SI5 / Yang Gu, TB2 / Ye Men
64. Musculoskeletal, Head And Neck, Cough  
 A. GV1 / Chang Qiang  
 B. GV10 / Ling Tai, ST16 / Ying Chuang  
 C. GB12 / Wan Gu  
 D. GB7 / Qu Bin  
 E. BL11 / Da Zhu
65. Musculoskeletal, Extremity-Upper, Loss Of Consciousness  
 A. SI1 / Shao Ze  
 B. LU7 / Lie Que  
 C. SI13 / Qu Yaun, SI9 / Jian Zhen, TB13 / Nao Hui  
 D. PC6 / Nei Guan  
 E. SI17 / Tian Rong, SI3 / Hou Xi, SI5 / Yang Gu, TB2 / Ye Men
66. Musculoskeletal, Head And Neck, Facial Numbness  
 A. ST42 / Chong Yang, ST45 / Li Dui  
 B. CV24 / Cheng Jiang, ST7 / Xia Guan  
 C. CV24 / Cheng Jiang  
 D. GB37 / Guang Ming  
 E. SI5 / Yang Gu
67. Musculoskeletal, Head And Neck, Facial Pain  
 A. ST42 / Chong Yang, ST45 / Li Dui  
 B. CV24 / Cheng Jiang, ST7 / Xia Guan  
 C. CV24 / Cheng Jiang  
 D. GB37 / Guang Ming  
 E. SI5 / Yang Gu

68. Musculoskeletal, Head And Neck, Facial Swelling
- A. ST42 / Chong Yang, ST45 / Li Dui
  - B. CV24 / Cheng Jiang, ST7 / Xia Guan
  - C. CV24 / Cheng Jiang
  - D. GB37 / Guang Ming
  - E. SI5 / Yang Gu
69. Musculoskeletal, Head And Neck, Fever Without Sweating
- A. ST42 / Chong Yang, ST45 / Li Dui
  - B. CV24 / Cheng Jiang, ST7 / Xia Guan
  - C. CV24 / Cheng Jiang
  - D. GB37 / Guang Ming
  - E. SI5 / Yang Gu
70. Musculoskeletal, Head And Neck, Hand Pain
- A. ST42 / Chong Yang, ST45 / Li Dui
  - B. CV24 / Cheng Jiang, ST7 / Xia Guan
  - C. CV24 / Cheng Jiang
  - D. GB37 / Guang Ming
  - E. SI5 / Yang Gu
71. Musculoskeletal, Head And Neck, Headache
- A. BL59 / Fu Yang, GB8 / Shuai Gu, GV17 / Nao Hu
  - B. BL12 / Feng Men, GV15 / Ya Men, TB16 / Tian You
  - C. BL62 / Shen Mai
  - D. GV15 / Ya Men
  - E. TB16 / Tian You
72. Musculoskeletal, Head And Neck, Headache Midline
- A. BL59 / Fu Yang, GB8 / Shuai Gu, GV17 / Nao Hu
  - B. BL12 / Feng Men, GV15 / Ya Men, TB16 / Tian You
  - C. BL62 / Shen Mai
  - D. GV15 / Ya Men
  - E. TB16 / Tian You
73. Neuromuscular, Muscle, Hemiplegia
- A. CV24 / Cheng Jiang, SP6 / San Yin Jiao
  - B. BL28 / Pang Guang Shu
  - C. SI5 / Yang Gu, ST6 / Jia Che
  - D. BL57 / Cheng Shan
  - E. GB34 / Yang Ling Quan
74. Neuromuscular, Muscle, Jaw Disorders
- A. CV24 / Cheng Jiang, SP6 / San Yin Jiao
  - B. BL28 / Pang Guang Shu
  - C. SI5 / Yang Gu, ST6 / Jia Che
  - D. BL57 / Cheng Shan

75. Musculoskeletal, Muscle, Fever  
 A. BL11 / Da Zhu, GV12 / Shen Zhu  
 B. GV20 / Bai Hui  
 C. CV6 / Qi Hai  
 D. GV14 / Daz Hui  
 E. SI7 / Zhi Zheng
76. Musculoskeletal, Muscle, Forearm Pain  
 A. BL11 / Da Zhu, GV12 / Shen Zhu  
 B. GV20 / Bai Hui  
 C. CV6 / Qi Hai  
 D. GV14 / Daz Hui  
 E. SI7 / Zhi Zheng
77. Musculoskeletal, Muscle, Skin Disorders  
 A. ST40 / Feng Long  
 B. BL18 / Gan Shu, SI5 / Yang Gu  
 C. BL40 / Wei Zhong  
 D. GV8 / Jin Suo, ST36 / Zu San Li  
 E. CV4 / Guan Yuan

**Identify the correct Chinese pin yin name or location. This section is used to evaluate your identification skills. Believe it or not, this section always gives students the hardest time and I believe one reason is that we have gotten lazy and forgotten the ping names since we've taken the final exam.**

78. In the sacral region, 1.5 cun lateral to the posterior midline, at the level of the fourth posterior sacral foramen.  
 A. Bai Huan Shu • BL30  
 B. Ci Liao • BL32  
 C. Shang Liao • BL31  
 D. Zhong Liao • BL33  
 E. Xia Liao • BL34
79. In the sacral region, in the first posterior sacral foramen.  
 A. Bai Huan Shu • BL30  
 B. Ci Liao • BL32  
 C. Shang Liao • BL31  
 D. Zhong Liao • BL33  
 E. Xia Liao • BL34
80. On the upper abdomen, 2 cun lateral to the anterior midline and 6 cun superior to the umbilicus, at the level of CV 14.  
 A. Zhong Lu Shu • BL29  
 B. Ru Gen • ST18  
 C. Bu Rong • ST19  
 D. Cheng Man • ST20  
 E. Pang Guang Shu • BL28

81. On the abdomen, 2 cun lateral to the anterior midline and 5 cun superior to the umbilicus, at the level of CV 13.
- A. Zhong Lu Shu • BL29
  - B. Ru Gen • ST18
  - C. Bu Rong • ST19
  - D. Cheng Man • ST20
  - E. Pang Guang Shu • BL28
82. In the sacral region, in the second posterior sacral foramen.
- A. Bai Huan Shu • BL30
  - B. Ci Liao • BL32
  - C. Shang Liao • BL31
  - D. Zhong Liao • BL33
  - E. Xia Liao • BL34
83. In the sacral region, in the third posterior sacral foramen.
- A. Bai Huan Shu • BL30
  - B. Ci Liao • BL32
  - C. Shang Liao • BL31
  - D. Zhong Liao • BL33
  - E. Xia Liao • BL34
84. In the sacral region, in the fourth posterior sacral foramen.
- A. Bai Huan Shu • BL30
  - B. Ci Liao • BL32
  - C. Shang Liao • BL31
  - D. Zhong Liao • BL33
  - E. Xia Liao • BL34
85. On the head, 4 cun posterior to anterior hairline, 1.5 cun lateral to the midline.
- A. Chang Qiang • GV1
  - B. Tian Zhu • BL10
  - C. Luo Que • BL8
  - D. Tong Tian • BL7
  - E. Yu Zhen • BL9
86. On the head, 5.5 cun posterior to anterior hairline, 1.5 cun lateral to the midline.
- A. Chang Qiang • GV1
  - B. Tian Zhu • BL10
  - C. Luo Que • BL8
  - D. Tong Tian • BL7
  - E. Yu Zhen • BL9
87. In the occipital region, in a depression 1.5 cun lateral to the superior aspect of the external occipital protuberance.
- A. Chang Qiang • GV1
  - B. Tian Zhu • BL10
  - C. Luo Que • BL8
  - D. Tong Tian • BL7
  - E. Yu Zhen • BL9

88. In the nuchal region, on the lateral border of the trapezius muscle, 1.3 cun lateral to GV 15 at the level between cervical vertebrae C1 and C2.
- A. Chang Qiang • GV1
  - B. Tian Zhu • BL10
  - C. Luo Que • BL8
  - D. Tong Tian • BL7
  - E. Yu Zhen • BL9
89. On the face, at the medial end of the eyebrow, on the supraorbital notch.
- A. Chang Qiang • GV1
  - B. Tian Zhu • BL10
  - C. Zan Zhu • BL2
  - D. Tong Tian • BL7
  - E. Yu Zhen • BL9
90. On the upper back, 1.5 cun lateral to the lower border of the spinous process of the second thoracic vertebra (T2).
- A. Feng Men • BL12
  - B. Wei Cang • BL50
  - C. Fei Shu • BL13
  - D. Wei Cang • BL50
  - E. Jue Yin Shu • BL14
91. On the upper back, 1.5 cun lateral to the lower border of the spinous process of the third thoracic vertebra (T3).
- A. Feng Men • BL12
  - B. Wei Cang • BL50
  - C. Fei Shu • BL13
  - D. Wei Cang • BL50
92. In the frontal region of the head, 0.5 cun within the anterior hairline and 0.5 cun lateral to GV 24 at the midline.
- A. Cheng Guang • BL6
  - B. Wu Chu • BL5
  - C. Qu Chai • BL4
  - D. Mei Chong • BL3
  - E. Yang Gang • BL48
93. In the frontal region of the head, 0.5 cun within the anterior hairline, 1.5 cun lateral to GV 24 at the midline.
- A. Cheng Guang • BL6
  - B. Wu Chu • BL5
  - C. Qu Chai • BL4
  - D. Mei Chong • BL3
  - E. Yang Gang • BL48

94. On the head, 1 cun posterior to anterior hairline, 1.5 cun lateral to GV 23 at the midline.
- A. Cheng Guang • BL6
  - B. Wu Chu • BL5
  - C. Qu Chai • BL4
  - D. Mei Chong • BL3
  - E. Yang Gang • BL48
95. On the head, 2.5 cun posterior to anterior hairline, 1.5 cun lateral to the midline.
- A. Cheng Guang • BL6
  - B. Wu Chu • BL5
  - C. Qu Chai • BL4
  - D. Mei Chong • BL3
  - E. Yang Gang • BL48
96. On the middle back, 3 cun lateral to the lower border of the spinous process of the tenth thoracic vertebra (T10), at the level of BL 19.
- A. Cheng Guang • BL6
  - B. Wu Chu • BL5
  - C. Qu Chai • BL4
  - D. Mei Chong • BL3
  - E. Yang Gang • BL48
97. On the middle back, 3 cun lateral to the lower border of the spinous process of the eleventh thoracic vertebra (T11), at the level of BL 20.
- A. Cheng Guang • BL6
  - B. Wu Chu • BL5
  - C. Qu Chai • BL4
  - D. Yi She • BL49
  - E. Yang Gang • BL48
98. On the middle back, 3 cun lateral to the lower border of the spinous process of the twelfth thoracic vertebra (T12), at the level of BL 21.
- A. Feng Men • BL12
  - B. Wei Cang • BL50
  - C. Fei Shu • BL13
  - D. Wei Cang • BL50
  - E. Jue Yin Shu • BL14
99. Pericardium Shu. Back Shu of the Pericardium that connects with Front Mu CV17. On the upper back, 1.5 cun lateral to the lower border of the spinous process of the fourth thoracic vertebra (T4).
- A. Feng Men • BL12
  - B. Wei Cang • BL50
  - C. Fei Shu • BL13
  - D. Wei Cang • BL50
  - E. Jue Yin Shu • BL14

100. On the sole of the foot, between the second and third metatarsal bones, one-third the distance from the webs of the toes to the heel.

- A. Yao Shu • GV2
- B. Yong Quan • KI1
- C. Qiu Xu • GB40
- D. Xuan Zhong • GB39
- E. Shen Men • HE7

101. In the epigastric region, on the anterior midline, 2 cun inferior to the xiphoid process and 6 cun superior to the umbilicus.

- A. Ju Que
- B. Shan Zhong
- C. Shan Guan
- D. Jiu Wei
- E. Zhong Ting

102. In the epigastric region, on the anterior midline, 1 cun inferior to the xiphoid process and 7 cun superior to the umbilicus.

- A. Ju Que
- B. Shan Zhong
- C. Shan Guan
- D. Jiu Wei
- E. Zhong Ting

103. In the epigastric region, on the anterior midline, on the xiphoid process.

- A. Ju Que
- B. Shan Zhong
- C. Shan Guan
- D. Jiu Wei
- E. Zhong Ting

104. On the sternal midline, level with the fourth intercostal space, between the nipples.

- A. Ju Que
- B. Shan Zhong
- C. Shan Guan
- D. Jiu Wei

105. On the medial ankle, 1 cun below KI 3, in the depression anterior and superior to the medial side of the tuberosity of the calcaneus.

- A. Tai Xi • KI3
- B. Ran Gu • KI2
- C. Da Zhong • KI4
- D. Shui quan • KI5
- E. Hun Men • BL47

106. On the upper back, 1.5 cun lateral to the lower border of the spinous process of the fifth thoracic vertebra (T5).

- A. Feng Men • BL12
- B. Xin Shu • BL15
- C. Fei Shu • BL13
- D. Wei Cang • BL50

107. On the upper back, 1.5 cun lateral to the lower border of the spinous process of the sixth thoracic vertebra (T6).

- A. Feng Men • BL12
- B. Wei Cang • BL50
- C. Du Shu • BL16
- D. Wei Cang • BL50
- E. Jue Yin Shu • BL14

108. On the middle back, 1.5 cun lateral to the lower border of the spinous process of the seventh thoracic vertebra (T7).

- A. Dan Shu
- B. Wei Shu
- C. Pi Shu
- D. Ge Shu
- E. Gan Shu

109. On the middle back, 1.5 cun lateral to the lower border of the spinous process of the ninth thoracic vertebra (T9).

- A. Dan Shu
- B. Wei Shu
- C. Pi Shu
- D. Ge Shu
- E. Gan Shu

110. On the middle back, 1.5 cun lateral to the lower border of the spinous process of the tenth thoracic vertebra (T10).

- A. Dan Shu
- B. Wei Shu
- C. Pi Shu
- D. Ge Shu

111. On the middle back, 1.5 cun lateral to the lower border of the spinous process of the eleventh thoracic vertebra (T11).

- A. Dan Shu
- B. Wei Shu
- C. Pi Shu
- D. Ge Shu
- E. Gan Shu

112. On the middle back, 1.5 cun lateral to the lower border of the spinous process of the twelfth thoracic vertebra (T12).

- A. Dan Shu
- B. Wei Shu
- C. Pi Shu
- D. Ge Shu
- E. Gan Shu

113. On the posterior leg, 2 cun inferior to BL 40 at the popliteal crease, between the medial and lateral heads of the gastrocnemius muscle.

- A. Cheng Jin
- B. Hey Yn
- C. Cheng Shan
- D. Fei Yang
- E. Fu Yang

114. On the posterior leg, 5 cun inferior to BL 40, in the center of the gastrocnemius muscle.

- A. Cheng Jin
- B. Hey Yn
- C. Cheng Shan
- D. Fei Yang
- E. Fu Yang

115. On the posterior leg, 8 cun inferior to BL 40, along the line connecting BL 40 at the popliteal crease and BL 60 posterior to the lateral malleolus.

- A. Cheng Jin
- B. Hey Yn
- C. Cheng Shan
- D. Fei Yang
- E. Fu Yang

116. On the posterior leg, 7 cun superior to BL 60 posterior to the lateral malleolus, and 1 cun inferior to BL 57, 8 cun inferior to BL 40 at the popliteal crease.

- A. Cheng Jin
- B. Hey Yn
- C. Cheng Shan
- D. Fei Yang
- E. Fu Yang

117. On the posterior surface of the leg, 3 cun superior to BL 60 posterior to the lateral malleolus.

- A. Cheng Jin
- B. Hey Yn
- C. Cheng Shan
- D. Fei Yang
- E. Fu Yang

118. Jing River Point on the Bladder Channel. Fire Point on Water Meridian. On the lateral ankle, in the depression midway between the external malleolus and the tendon calcaneus. Contraindication: Do Not Needle If Pregnancy is known or suspected

- A. Shen Mai
- B. Kun Lun
- C. Pu Can
- D. Shen Mai
- E. Jin Men

119. On the lateral foot, in a depression on the lateral calcaneus, 1.5 cun inferior and posterior to the lateral malleolus, directly below BL60 which is posterior to the lateral malleolus.

- A. Shen Mai
- B. Kun Lun
- C. Pu Can
- D. Shen Mai
- E. Jin Men

120. On the lateral foot, in the depression directly inferior to the lateral malleolus, at the dorsal-plantar skin junction.

- A. Shen Mai
- B. Kun Lun
- C. Pu Can
- D. Jin Men

121. On the lateral foot, in the depression posterior to the fifth metatarsal bone and lateral to the cuboid bone.

- A. Shen Mai
- B. Kun Lun
- C. Pu Can
- D. Shen Mai
- E. Jin Men

122. On the lateral foot, in the depression anterior and inferior to the tuberosity of the fifth metatarsal bone.

- A. Hui Yin
- B. Shu Gu
- C. Jing Gu
- D. Zhi Yin
- E. Tong Gu

123. On the lateral foot, in the depression posterior and inferior to the fifth metatarsophalangeal joint.

- A. Hui Yin
- B. Shu Gu
- C. Jing Gu
- D. Zhi Yin
- E. Tong Gu

124. On the lateral foot, in the depression anterior and inferior to the fifth metatarsophalangeal joint.

- A. Hui Yin
- B. Shu Gu
- C. Jing Gu
- D. Zhi Yin
- E. Tong Gu

125. On the lateral foot, at the lateral fifth digit, 0.1 cun from the corner of the nailbed. Contraindication: Do Not Needle If Pregnancy is known or suspected.

- A. Hui Yin
- B. Shu Gu
- C. Jing Gu
- D. Zhi Yin
- E. Tong Gu

126. In the perineal region, at the midpoint between the anus and the posterior border of the scrotum in males and the posterior labial commissure in females. Contraindication: Do Not Needle If Pregnancy is known or suspected.

- A. Hui Yin
- B. Shu Gu
- C. Jing Gu
- D. Zhi Yin
- E. Tong Gu

127. In the pubic region, on the anterior midline, at the superior border of the symphysis pubis.

- A. Hui Yin
- B. Shu Gu
- C. Qu Gu
- D. Zhi Yin
- E. Tong Gu

128. In the pubic region, on the anterior midline, 1 cun superior to the upper border of the symphysis pubis.

- A. Zhong Ji
- B. Qi Hai
- C. Guan Yuan
- D. Shi Men

129. In the pubic region, on the anterior midline, 2 cun superior to the upper border of the symphysis pubis.

- A. Zhong Ji
- B. Qi Hai
- C. Guan Yuan
- D. Shi Men
- E. Yin Jiao

130. On the lower abdomen, on the anterior midline, 2 cun inferior to the umbilicus.

- A. Zhong Ji
- B. Qi Hai
- C. Guan Yuan
- D. Shi Men

131. On the lower abdomen, on the anterior midline, 1.5 cun inferior to the umbilicus.

- A. Zhong Ji
- B. Qi Hai
- C. Guan Yuan
- D. Shi Men
- E. Yin Jiao

132. In the umbilical region, on the anterior midline, 1 cun inferior to the umbilicus.

- A. Zhong Ji
- B. Qi Hai
- C. Guan Yuan
- D. Shi Men
- E. Yin Jiao

133. At the umbilicus.

- A. Shui Fen
- B. Jian Li
- C. Shen Que
- D. Xia Guan
- E. Zhon Guan

134. In the umbilical region, on the anterior midline, 1 cun superior to the umbilicus.

- A. Shui Fen
- B. Jian Li
- C. Shen Que
- D. Xia Guan
- E. Zhon Guan

135. In the umbilical region, on the anterior midline, 2 cun superior to the umbilicus.

- A. Shui Fen
- B. Jian Li
- C. Shen Que
- D. Xia Guan
- E. Zhon Guan

136. In the upper umbilical region, on the anterior midline, 3 cun superior to the umbilicus.

- A. Shui Fen
- B. Jian Li
- C. Shen Que
- D. Xia Guan
- E. Zhon Guan

## Anatomy and Physiology Section Review

137. A major nerve to the hand that controls the thumb, index and middle fingers.

- A. Ulnar Nerve
- B. Median Nerve
- C. Carpal Tunnel Syndrome
- D. Tendonitis
- E. Repetitive Strain Injuries

138. Synonymous terms for disorders caused by prolonged, repetitious tasks.

- A. Ulnar Nerve
- B. Median Nerve
- C. Carpal Tunnel Syndrome
- D. Tendonitis
- E. Repetitive Strain Injuries (RSI), Cumulative Trauma Disorder (CTD), Repetitive Motion Syndrome (RMS), Occupational Overuse Syndrome (OOS)

139. Another main nerve to the hand which controls the last two fingers, it passes outside the carpal tunnel but can be affected by tennis elbow or displacement.

- A. Ulnar Nerve
- B. Median Nerve
- C. Carpal Tunnel Syndrome
- D. Tendonitis
- E. Cumulative Trauma Disorder (CTD)

140. Pressure (or compression) on the median nerve that may cause pain, numbness, weakness, etc.

- A. Ulnar Nerve
- B. Median Nerve
- C. Carpal Tunnel Syndrome
- D. Tendonitis
- E. Repetitive Motion Syndrome (RMS)

141. Inflammation of a tendon, the structures that link muscles to bones.

- A. Ulnar Nerve
- B. Median Nerve
- C. Carpal Tunnel Syndrome
- D. Tendonitis
- E. Repetitive Strain Injuries (RSI)

142. A tough but elastic structure which holds the bones of the Carpal Tunnel together, often surgically cut to relieve pressure on the median nerve.

- A. Ulnar Nerve
- B. Median Nerve
- C. Carpal Tunnel Syndrome
- D. Tendonitis
- E. Transverse Carpal Ligament

143. Inflammation of a tendon's sheath which causes it to swell and may also retard proper lubrication of the tendon inducing more injury.

- A. Carpal Tunnel
- B. Tenosynovitis
- C. Carpal Canal
- D. All of the Above
- E. None of the Above

144. Sometimes used interchangeably with Carpal Tunnel.

- A. Carpal Trouble
- B. Tenosynovitis
- C. Carpal Canal
- D. All of the Above
- E. None of the Above

145. A passage in the wrist through which the median nerve and tendons travel to the hand, much of it located at the base of the palm.

- A. Carpal Tunnel
- B. Tenosynovitis
- C. Carpal Canal
- D. All of the Above
- E. None of the Above

146. The return of some output to the place of origin by the system that receives it.

- A. ergonomics
- B. exercise
- C. feedback
- D. extension
- E. habilitation

147. The process of education or training persons with disadvantage or disability to improve their ability to function in society.

- A. ergonomics
- B. exercise
- C. feedback
- D. extension
- E. habilitation

148. Performed activity of the muscles, voluntary or otherwise, esp. to maintain fitness.

- A. ergonomics
- B. exercise
- C. feedback
- D. extension

149. The science concerned with how to fit a job to man's anatomical, physiological, and psychological characteristics in a way that will enhance human efficiency and well-being.

- A. ergonomics
- B. exercise
- C. feedback
- D. extension
- E. habilitation

150. A movement that brings members of a limb into or toward a straight condition. Opposite of flexion.

- A. ergonomics
- B. exercise
- C. feedback
- D. extension
- E. habilitation

151. The application of a pull (traction) to a fractured or dislocated limb.

- A. ergonomics
- B. exercise
- C. feedback
- D. extension
- E. habilitation

152. To increase the angle between the bones forming a joint.

- A. ergonomics
- B. exercise
- C. feedback
- D. extension
- E. habilitation

153. A motor pattern executed with facility following constant or frequent repetition; an act performed in a voluntary manner but that after sufficient repetition is performed as a reflex action.

- A. ergonomics
- B. exercise
- C. feedback
- D. extension
- E. habilitation

154. The movement by which both ends of any part are pulled apart.

- A. ergonomics
- B. exercise
- C. feedback
- D. extension
- E. habilitation

155. Habits result from the passing of impulses through a particular set of neurons and synapses many times. Bodily appearance or constitution, esp. as related to a disease or predisposition to a disease, as the apoplectic habit. SYN: habitus.

- A. ergonomics
- B. exercise
- C. feedback
- D. extension
- E. habilitation

156. Dislocation that often recurs after replacement.

- A. d, old
- B. d, habitual
- C. d., primitive
- D. d, divergent
- E. d, metacarpophalangeal joint

157. Dislocation of finger.

- A. d, old
- B. d, habitual
- C. d., primitive
- D. d, divergent
- E. d, metacarpophalangeal joint

158. Dislocation in which the ulna and radius are dislocated separately.

- A. d, old
- B. d, habitual
- C. d., primitive
- D. d, divergent
- E. d, metacarpophalangeal joint

159. Dislocation in which the bones remain as originally displaced.

- A. d, old
- B. d, habitual
- C. d., primitive
- D. d, divergent
- E. d, metacarpophalangeal joint

160. It is usually complicated by an interposition of tendons or other structures. When reduced, it tends to slip out immediately. In many instances, manipulating of this region only tends to make it more difficult for a subsequent reduction; therefore, immobilize the disturbed area with well-placed and padded splints of hand and wrist. Send patient to physician promptly.

- A. d, old
- B. d, habitual
- C. d., primitive
- D. d, divergent
- E. d, metacarpophalangeal joint

**You are finished with your assignment. Thank you for your business. Please fax or e-mail the Answer Key and Registration Page to us. Fax (928) 272-0747**

# Carpal Tunnel Answer Key Name

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- |           |           |            |
|-----------|-----------|------------|
| 1. ABCDE  | 43. ABCDE | 85. ABCDE  |
| 2. ABCDE  | 44. ABCDE | 86. ABCDE  |
| 3. ABCDE  | 45. ABCDE | 87. ABCDE  |
| 4. ABCDE  | 46. ABCDE | 88. ABCDE  |
| 5. ABCDE  | 47. ABCDE | 89. ABCDE  |
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| 14. ABCDE | 56. ABCDE | 98. ABCDE  |
| 15. ABCDE | 57. ABCDE | 99. ABCDE  |
| 16. ABCDE | 58. ABCDE | 100. ABCDE |
| 17. ABCDE | 59. ABCDE | 101. ABCDE |
| 18. ABCDE | 60. ABCDE | 102. ABCDE |
| 19. ABCDE | 61. ABCDE | 103. ABCDE |
| 20. ABCDE | 62. ABCDE | 104. ABCDE |
| 21. ABCDE | 63. ABCDE | 105. ABCDE |
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| 24. ABCDE | 66. ABCDE | 108. ABCDE |
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| 27. ABCDE | 69. ABCDE | 111. ABCDE |
| 28. ABCDE | 70. ABCDE | 112. ABCDE |
| 29. ABCDE | 71. ABCDE | 113. ABCDE |
| 30. ABCDE | 72. ABCDE | 114. ABCDE |
| 31. ABCDE | 73. ABCDE | 115. ABCDE |
| 32. ABCDE | 74. ABCDE | 116. ABCDE |
| 33. ABCDE | 75. ABCDE | 117. ABCDE |
| 34. ABCDE | 76. ABCDE | 118. ABCDE |
| 35. ABCDE | 77. ABCDE | 119. ABCDE |
| 36. ABCDE | 78. ABCDE | 120. ABCDE |
| 37. ABCDE | 79. ABCDE | 121. ABCDE |
| 38. ABCDE | 80. ABCDE | 122. ABCDE |
| 39. ABCDE | 81. ABCDE | 123. ABCDE |
| 40. ABCDE | 82. ABCDE | 124. ABCDE |
| 41. ABCDE | 83. ABCDE | 125. ABCDE |
| 42. ABCDE | 84. ABCDE | 126. ABCDE |

127. A B C D E  
128. A B C D E  
129. A B C D E  
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160. A B C D E

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